



40TH ANNIVERSARY PLANNING

In 2026, our church will joyfully celebrate its **40th Anniversary** — a milestone of God's faithfulness and the love of His people through the years!

To help shape this special event, we are forming a planning committee. We are looking for individuals who can bring creativity, organization, and a willing heart to help with:

- Event vision and theme
- Program planning and special presentations
- Decorations
- Food coordination
- Communication and promotion

If you are interested in being part of the **planning committee**, please speak to Pastor Andrew, Sarahlyn Hong, or Judy Liu.

Let's come together to create a celebration that honors God, blesses our church family, and looks forward to the future with hope! ✨

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MENTAL HEALTH WORKSHOPS



“Neurodiversity is not about deficit—it’s about difference.” — Rev. Rebecca Bailey

We had the privilege of welcoming Rev. Rebecca Bailey from **Hope Made Strong** to lead our mental health webinar: *Caring for Neurodivergent Loved Ones in Church and Family Life* on September 10.

The session introduced us to the concept of **neurodiversity**—the unique ways a person’s brain develops, which can include Autism, ADHD, Dyslexia, Tourette’s, and more. We explored both the strengths of neurodiverse individuals, such as their creative problem-solving abilities, and the challenges they may face, including sensory sensitivity, executive functioning, emotional regulation, communication differences, and stigma.

The webinar also provided **practical strategies** for supporting neurodivergent loved ones in our homes and church community—such as adapting environments, using clear communication, and fostering healthy relationships.

Missed the session? You can request the recording by emailing cecc@cecctoronto.com.
Don’t forget to join us for the next session on **December 3!**

December 3: Caring for Loved Ones and Church Family Through Mental Health Challenges

- reduce stigma within our church community
- learn practical, faith-integrated strategies for support
- gain tools for navigating crisis moments with confidence



[Sign Up Link](#)

View the full calendar at
www.cecctoronto.com/events



SEPTEMBER SERMON RECAP

September 7 Samson | Judges 16

No hero in the Bible is perfect. **Samson**, especially, struggled with sinful behaviors. Yet when he cried out to God for help, despite his sins, God did not abandon him. The same is true for us—**our God never leaves us.**

SERMON SPOTLIGHT

Prayer is a
reality check
where we admit
and we say,
“Lord, I cannot.
I need you.”

FROM THE MESSAGE
**A GOD WHO
HEARS**

September 14 Hannah: A God Who Hears | 1 Samuel 1

Prayer doesn't have to be rehearsed or polished. In her weakness, Hannah poured out her heart to God in an honest cry for help. As Pastor Heusen reminds us, prayer is not about perfection—it's about honesty before the Lord. When we cry out to Him at our lowest, **He listens.**

September 21 David: After God's Heart | 1 Samuel 16:1-13

Have you ever wished you looked different, or more beautiful? That wasn't God's criteria when He chose David as king. In this message, Pastor Andrew shows us that while people look at outward appearances, **God looks at the heart.**

September 28 Refocusing | 1 Samuel 21

Worried, stressed, overwhelmed? David knew the feeling—King Saul was pursuing him to take his life. In times like this, we often rely on ourselves, only to spiral further. Pastor Heusen shares how we can let go of self-reliance and instead **cast our cares on the Lord.**

Visit [our website](#) for full sermons and
monthly recaps

WHAT IS A LIFE GROUP?

FALL SERIES: MESSENGERS OF THE GOSPEL

Join us for Life Group beginning **Sunday, September 21, 11 a.m.–12:15 p.m.** in Room 1. Every 1st and 3rd Sunday of each month.

Life Group is a welcoming space to share life and grow in Christ together. This fall, we are launching a new series, “Messengers of the Gospel,” designed to equip Christians to share the good news with confidence, compassion, and courage.

Come be encouraged, equipped, and inspired—we’d love to see you there!

ALPHA

The first session of Alpha took place on the evening of **Wednesday, September 24**. Thirty participants and small group leaders gathered together for fellowship over a delicious Mediterranean-inspired dinner. There was a chance to meet new and catch up with familiar faces, bond over fun icebreaker games and an opportunity for reflection on the video. The topic for the evening was **“Is there more to life than this?”**

We are excited for what the series has in store as we host our largest Alpha group yet! We would like to extend our gratitude to the many volunteers who signed up to work behind the scenes with setup, clean up and food preparation.



BACK TO SCHOOL

As the new school year began, several of our youth shared how it felt like being back to school again. From navigating new classrooms to meeting new friends, their stories reminded us that **God was present in every season.**

"Going back to school was actually pretty fun because I got to see all my friends again. We were all talking and laughing, catching up on what we did over our break. The first day felt a little weird, but once I was around everyone, it felt normal again. It's fun being back in class with my friends, and it makes the day go by way faster." ~ **Nathan Tabisola**

"My back-to-school experience this past month has definitely had its ups and downs, however it was so evident to me that God was working through it. I'm a high school student, and the workload this year is definitely a lot heavier- spending so much time just finishing math and English homework, it felt like I had no time to myself.

But God's blessings, shown to me in different ways, like spending intentional time with my friends from high school fellowship, and meeting with Junction on Sundays and Fridays, were such a refreshing and edifying time for me. I thank God for His Word, which has encouraged me time and time again, and I'm also reminded that things like schoolwork aren't too small for God's care and grace.

Remember, as we enter this school year: His grace is sufficient for us, and His power is made perfect in our weakness (2 Cor 12:9)." ~ **Junction Youth**

**But he said to me,
"My grace is
sufficient for you,
for my power is
made perfect in
weakness."**

**Therefore I will
boast all the more
gladly about my
weaknesses, so
that Christ's power
may rest on me.**

2 Corinthians 12:9

CONSTRUCTION UPDATE

September continues to be a busy month for the **Building Committee** as they work behind the scenes to finalize and fine-tune several ongoing projects including the ramp, accessibility platform and vestry attic renovation. We are deeply grateful for their dedication and commitment to improving our church facilities.

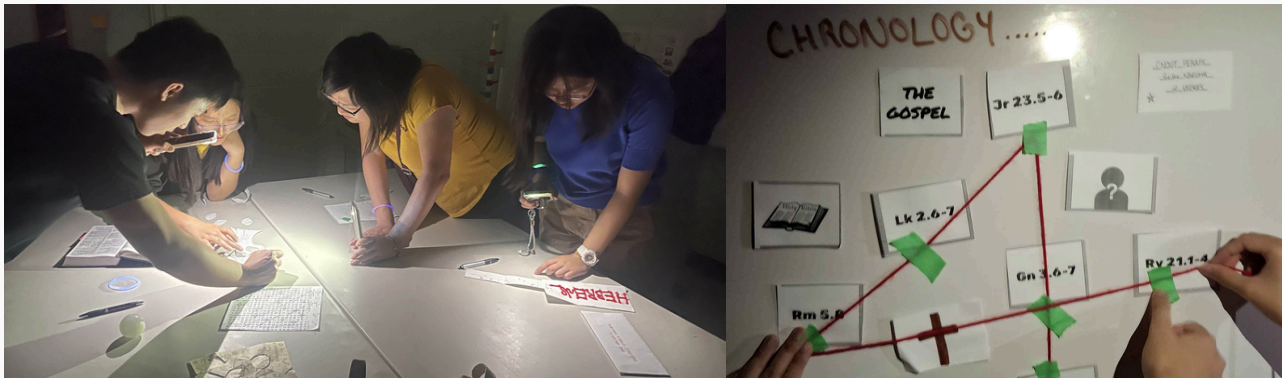


JUNCTION FRIDAY NIGHTS

In addition to our regular Sunday gatherings, we're adding a Friday evening fellowship time every **1st and 3rd week of the month**. This extra slot makes it easier for more people to connect, share life, and grow together.



Join us every 1st and 3rd Friday at 7 pm and every Sunday at 11:15 am. See you there!



"Junction Fellowship held its very first youth-led Friday fellowship on September 19, and it was a wonderful time of both fun and faith. The Blue Team organized an exciting **escape room activity** that began with a short devotional and then challenged participants with puzzles and clues. The group was split into two teams, but in the end everyone came together as one to solve the final puzzle. Through the activity, the youth not only enjoyed teamwork and problem-solving but also learned about **the armour of God** in a creative and memorable way."

~ Rachel



"It was nothing short of amazing! Seeing everyone work together to solve the puzzles was both **hilarious and inspiring**. It was very encouraging to see them really engaged in the puzzles and laugh whenever they cracked it. The teamwork was just incredible and the energy was **contagious**. Just great."

~ Lukan



MINISTRY IN MOTION

WHERE FAITH MEETS ACTION

Looking for a way to **serve** and **connect with others**? There are several ministries in need of passionate volunteers! Whether you're gifted in hospitality, teaching, music, or tech, there's a place for you:

AV Team

Help run sound, slides, and livestream during services.

Sunday School Teachers

Teach and care for our children as they grow in faith.

Worship Team

Use your musical talents to lead our congregation in worship.

Coffee & Snack Team

Prep and serve refreshments for fellowship after service.

Usher Ministry

Welcome attendees, assist with seating, and support during service.

Life Group Leaders

Facilitate small groups and build community throughout the week.

**Interested in volunteering or want to learn more?
Please contact chair@cecctoronto.com and we'll
connect you with the right ministry leader.**



PRAYER THREADS

HOW CAN WE PRAY FOR YOU?

As a church family, we want to keep lifting one another up in prayer. Here are some ways you can be praying this season:

- For those in our **church family** who are facing health challenges — may God bring comfort, healing, and strength.
- For individuals and families experiencing **difficult seasons** — may they find peace, provision, and encouragement.
- For our **pastors and ministry leaders** — may God grant them wisdom, energy, and joy in their service.
- For our **children, youth, and young adults** — that their faith may grow deep and strong.
- For our **community** — that hearts would be open to the hope and love of Christ.

If you have a **prayer request** or would like someone to **pray with you**, please reach out to our pastors at pastors@ceccutoronto.com. Your request will be kept confidential unless you indicate otherwise.

FAMILIES OF THE MONTH

PLEASE LIFT UP THESE FAMILIES IN PRAYER

PINSAN CHUA

EDISON CHUA

JANE CHUA

Let's pray for their health, relationships, faith journeys, and for God's presence to be strong in their homes.

